

## Session Program

Oct 1 - 3, 2025



*Influencing the Future of Sports,  
Health and Physical Education:  
Bridging Science, Technology  
and Well-being*

OCTOBER 1-3, 2025  
MSU-ILIGAN INSTITUTE OF TECHNOLOGY



### CALL FOR PAPERS

SUBMISSION DEADLINE  
JULY 18, 2025

POSTER PRESENTATION  
SUBMISSION DEADLINE  
SEPTEMBER 25, 2025

NOTIFICATION OF  
ACCEPTANCE  
4 WEEKS AFTER SUBMISSION



# 11th ASEAN Council of Physical Education and Sport (ACPES) International Conference 2025

## *Sports Science and Performance and Enhancement*

Mindanao State University-Iligan Institute of Technology

## Thu, October 2

10:00 AM

### Sports Science and Performance and Enhancement

**Session** | **Location:** MSU-IIT Tibanga Campus, PRISM Conference 2, PRISM Building

10:00 – 10:15 AM

#### **The Effect of Tri Angle Exercise Variations on Improving Passing Accuracy Using the Inside of the Foot in Futsal**

**Speaker**

Mr Ginting, Ramadan

10:15 – 10:30 AM

#### **Training Load-Mediated Speed and Agility Gains in Wing Players: A Comparative Study of Circuit and Velocity-Based Resistance Protocols in Collegiate Handball**

**Speaker**

Mr Anwar Ali S, Syed

10:30 – 10:45 AM

#### **Analysis of Attacking and Defensive Tactics of the Indonesian National Football Team in the 2024 Asian Cup**

**Speaker**

Mr Irawan, Fajar Awang

10:45 – 11:00 AM

#### **Comparative Analysis of Plyometric Training Effects on Functional Performance Metrics in Football: A Randomized Controlled Study**

**Speaker**

Dr William, Rajesh

11:00 – 11:15 AM

#### **Neural Correlates of Inhibitory Control Following Moderate Intensity Aerobic Exercise: An ALE Meta-Analysis**

**Speaker**

Mr Widodo, Akhmad Fajri

12:00 PM