

# 11th ASEAN Council of Physical Education and Sport (ACPES) International Conference 2025



Contribution ID: 160

Type: Oral

## Creating Educational Materials for Arnis: A Research on Structured Pamphlets for Livestick Patterns

Friday, October 3, 2025 10:45 AM (15 minutes)

### Abstract

This mixed-methods study successfully developed a structured pamphlet for Arnis livestock patterns to enhance the practice and mastery of these techniques among beginner practitioners. The research addresses the challenge beginners face in mastering the complex and fluid movements of livestock patterns due to a lack of structured and accessible educational materials. Employing a purposive sampling method, the study involved ten respondents, including five expert arnisadors and five beginner practitioners. Data was gathered through a structured questionnaire, feedback forms, and expert consultations. The qualitative data was analyzed using thematic analysis, while quantitative data was analyzed using descriptive and inferential statistics. The result is a comprehensive, user-friendly, and systematic educational resource designed to facilitate skill development and improve training outcomes by providing clear, step-by-step guidance on livestock patterns.

### Keywords

Arnis, Livestick Patterns, Educational Materials, Structured Pamphlet, Mixed-Methods Research

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**Session Classification:** Physical Education: Innovation and Pedagogy

**Track Classification:** Physical Education: Innovation and Pedagogy