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The Role of Travel System in Enhancing Access to Outdoor Recreation among University Students

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Transportation plays a crucial role in facilitating students' engagement in outdoor recreation, particularly for those enrolled in recreation-based academic programs. This study examines the role of the bus travel system in enhancing access to outdoor recreation among Outdoor Recreation students in the Faculty of Sports Science and Recreation, Universiti Teknologi MARA (UiTM) Shah Alam. A quantitative research design was employed using a structured questionnaire distributed to 120 students, with data analyzed through descriptive statistics and inferential tests. Findings revealed that the availability, reliability, and affordability of the bus system significantly influence students' participation in outdoor activities, with accessibility identified as the strongest contributing factor. The study highlights the importance of efficient transportation in ensuring equitable opportunities for experiential learning and recreational engagement. Recommendations include strengthening the scheduling, frequency, and management of the bus system to better support students' academic and recreational needs. This research contributes to the discourse on mobility and recreation accessibility in higher education, offering practical insights for policy makers and university administrators.

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