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## Designing for Culture: The Development of ‘Tara, Dula’ Higaonon Games and Sports Manual

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Designing for Culture: The Development of ‘Tara, Dula’ Higaonon Games and Sports Manual

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### Abstract

It is vital to preserve indigenous culture through education, particularly for groups that are underrepresented in the mainstream curriculum. In order to document and promote the rich traditional games and sports of the Higaonon community, this study aims to develop an instructional manual called Tara, Dula: Higaonon Games and Sports Manual. Guided by the Successive Approximation Model (SAM), the study followed three iterative phases: preparation, iterative design, and development. A total of four (4) traditional games and four (4) indigenous sports were selected based on cultural relevance and physical education potential. In the development phase the manual went through three (3) rounds of validation from the four (4) experts, through integrating feedback, the developed manual improved to better serve educational goals enhancing overall learning experiences. The iterative process helps refining the material's format, content, presentation and organization, accuracy and up-to-datedness ensuring effectivity in various educational contexts. Therefore, after the thorough iterative evaluations, the validators' insightful recommendations have significantly contributed in enhancing the comprehensiveness of the manual which will serve as a repository of the Higaonon games and sports to cultivate preservation promote its rich culture. It is recommended that the manual will be implemented in rural and urban elementary schools.

**Keywords:** Instructional manual, Culture Preservation, Development, Games, Sports.

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