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LIVED EXPERIENCES OF PHYSICAL EDUCATION TEACHERS IN TEACHING SPORTS TRACK IN SENIOR HIGH SCHOOL: BASIS FOR INTERVENTION

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This research utilized a phenomenological qualitative approach, in which Physical Education teachers teaching SHS from Cotabato Province were interviewed. Data reduction, data display, and conclusion drawing, and verification analysis had been used to validate the accuracy of the information. The findings of the research are comprehensively illustrated in a form of a table. The first table is labelled as “FAVORABLE EXPERIENCES OF PHYSICAL EDUCATION TEACHERS IN TEACHING SPECIALIZED AND APPLIED COURSES OF SHS SPORTS TRACK” to represent four themes. The second table is labelled as “PROBLEMS THAT PHYSICAL EDUCATION TEACHERS ARE HURDLING IN TEACHING SPECIALIZED AND APPLIED COURSES OF SHS SPORTS TRACK” to represent six themes. The study drawn that these themes have respective interventions like: a) Invest in retooling and enhancement of teachers’ skills specifically through specialized seminars; b) Retention Policy should be established to achieve a concentrated population of kinesthetically intelligent students; c) Revisit DepEd’s curriculum for SHS sports track to do curriculum mapping; d) School administrators should hire highly skilled physical education teachers; e) Schools should prioritize the budget allocation for facilities and equipment; f) Institutional support and external collaboration should be amplified to broaden the opportunities of the; g) Non-Physical Education graduates teaching in Sports Track Program should be required to undergo proper training and education in Physical Education pedagogy through seminars and workshops. The researchers highly recommend this study as essential reading for the teachers and students alike, as it can help widen our understanding with what we need to know in order to address the problems and challenges facing the education system. It is time for everyone—the Department of Education, the teachers, the students, and all its stakeholders to work hand in hand and make the solutions a reality.

Keywords: Lived Experiences of Physical Education Teachers, Phenomenology, Sports Track

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