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The Effect of Traditional Engklek Games Toward The Balance of Deaf Students

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Deaf students often experience a deficiency in balance, which is caused by a disorder in the vestibular system that affects their balance ability. The purpose of this study is to determine the influence of the traditional game of engklek on the balance of deaf students of SLB Muhammadiyah Surya Bangsa. This type of research is experimental research. The sample used was 11 deaf students from elementary, junior high, and high school. The data used in this study is quantitative. The data collection technique uses the standing stroke test balance test method. Data processing and analysis use percentages and t-test. The results of the study showed that the average balance of students in the pretest was 28. Meanwhile, the average result of student balance in the posttest was 40.45. The results showed that there was an increase in the average balance of students after being given exercises of 12.45. Based on the t-test between the pretest and the posttest, the results show that the calculated t-value of 7,998 is greater than the t-table value of 1,812, indicating that the hypothesis proposed in this study is acceptable. The results of data analysis showed that the traditional game training program of engklek had a significant positive influence on balance ability

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