11th ASEAN Council of Physical Education and Sport (ACPES) International Conference 2025



Contribution ID: 65 Type: Oral

Integration of Cultural Values and Physical Activity through 'Patok Lele' Game in Physical Education Subjects at Elementary School

Wednesday, October 1, 2025 4:15 PM (15 minutes)

This study aims to examine the integration of local cultural values and increase students' physical activity through the traditional game of Patok Lele in Physical Education learning in elementary schools. The Patok Lele game, which comes from the culture of the people of North Sumatra, contains elements of the value of cooperation, sportsmanship, and motor skills that are in accordance with the competencies of Physical Education learning. The research method used was descriptive qualitative with a field study approach. Data were collected through observation of student activities, interviews with Physical Education teachers, and documentation of game implementation. The results showed that the application of the Patok Lele game was able to increase students' active participation, strengthen social interaction, and instill local cultural values in the learning process. Thus, the integration of traditional games in Physical Education subjects not only contributes to the development of motor skills, but also enriches students' character education. This study recommends the use of traditional games as contextual media in Physical Education learning to preserve culture while achieving national education goals.

Authors: Mr HENDRAWAN, Dicky (Sekolah Tinggi Olahraga dan Kesehatan Bina Guna); Dr KARO KARO, Alan Alfiansyah Putra (Sekolah Tinggi Olahraga dan Kesehatan Bina Guna); Dr SARI, Liliana Puspa (Sekolah Tinggi Olahraga dan Kesehatan Bina Guna)

Presenter: Dr KARO KARO, Alan Alfiansyah Putra (Sekolah Tinggi Olahraga dan Kesehatan Bina Guna)

Session Classification: Cultural Perspectives in Physical Activity and Sports

Track Classification: Cultural Perspectives in Physical Activity and Sport