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Barrier for High School Female Students Participating in Physical Education (Case Study in 1 High School in Svay Rieng Province, Cambodia)

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NPO/NGO Hearts of Gold is cooperating with Ministry of Education, Youth and Sport to implement the project to develop and diffuse Physical Education (PE). The author was in charge of Svay Rieng province and monitored PE classes there; she noticed that the participation of female students at the High School level are less comparing to Primary School level. There might be barriers for them to actively involve with physical education classes.

Objective: This study is to understand the top barrier for female students in 1 High School participating in physical education class. **Research Design:** The author uses the focus group interview. 6 focus group of students, categorized by their grade, are asked open-ended questions. Their answers were analyzed into the data by using grounded theory. This theory is a qualitative research methodology that aims to generate theories based on data that are grounded in the empirical reality of the research context. Starting with identifying the subject, coded, created meaningful themes through analytic induction and constant comparison and categorized the themes (Noble & Mitchell, 2016). **Result and Discussion:** In total, the author could find out 9 categories. Those categories are 1. Physical Illness, 2. Emotion, 3. Personal Issue (Intrapersonal Barrier) 4. Parents, 5. Relative (Interpersonal Barrier) 6. School, 7. Teachers, 8. Content (Institutional Barrier), 9. Neighborhood (Community Barrier) and 10. Whether (Physical Environment Barrier). **Conclusion:** The author could find out that top barrier for Svay Rieng High School female students to participate physical education is Intrapersonal Barrier.

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