

11th ASEAN Council of Physical Education and Sport (ACPES) International Conference 2025



Contribution ID: 41

Type: **Oral**

Customizing Physical Education for Students with Special Needs

Thursday, October 2, 2025 10:15 AM (15 minutes)

MINDS is a Social Services Agency in Singapore which has four schools teaching students with special needs from ages 7 years to 18 years. Teachers in MINDS Schools developed a Physical Education (PE) curriculum for students with Moderate to Severe Intellectual Disabilities (MSID) adapted from the Physical Education Teaching and Learning Syllabus from the Ministry of Education in Singapore. This development encompassed three years of lesson observations, trials, and piloting the scope and sequence to ensure the holistic development of students with special needs during PE. The curriculum focuses on Swimming, Educational Gymnastics and Dance, Games and Sports, Outdoor Education, and Physical Health and Fitness. Apart from the psychomotor and cognitive development of students, Affective learning outcomes have also been factored in to ensure the holistic development of these students with special needs. The curriculum also comprises pedagogical strategies, and assessment ideas for teachers teaching students with MSID. The presenter will share how this book was developed as well as how this can be enacted in PE lessons.

Author: Ms KOH, Gwendoline Wendy (MINDS Lee Kong Chian Gardens School)

Presenter: Ms KOH, Gwendoline Wendy (MINDS Lee Kong Chian Gardens School)

Session Classification: Physical Education: Innovation and Pedagogy

Track Classification: Physical Education: Innovation and Pedagogy