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## CHALLENGES ENCOUNTERED BY TEACHERS-COACHES IN THE IMPLEMENTATION OF THE SPECIAL PROGRAM IN SPORTS (SPS): A CASE STUDY

*Thursday, October 2, 2025 4:00 PM (15 minutes)*

### Abstract

The Special Program in Sports (SPS) plays a crucial role in enhancing the physical, social, and academic development of students, particularly those with a strong interest in athletics. This study examined the challenges faced by teacher coaches in implementing the SPS in Lanao del Norte Division for the 2024-2025 school year. The participants consisted of six teacher coaches, six school administrators, and six learners. They were chosen through a purposive sampling technique. An Interview Guide was used in gathering the data. Yin's method of data analysis was employed in analyzing the collected data. The data gathered yielded the following main themes: 1) institutional and instructional barriers in special programs in the implementation of the sports, 2) academic, time, and motivational pressures, 3) navigating dual roles through time management, 4) enhancing learner satisfaction through support, motivation, and safety, 5) institutional and structural support systems and holistic professional growth and student-centered development. The practical implementation of the Special Program in Sports requires addressing institutional and instructional barriers, supporting teacher-coaches in balancing dual roles, and providing comprehensive resources. Schools and program implementers may provide sufficient funding, continuous capacity-building for teacher-coaches, structured institutional support, and adopt learner-centered strategies.

Keywords: motivation, sports implementation, student-athlete, support system, teacher-coaches

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